



**Summer 2023**

Welcome to all who receive and read this newsletter!

I was reflecting on how Lent is a time for prayer, fasting, and almsgiving; and even though the season is now over and we are rejoicing in the victory of the Risen Lord Jesus Christ- we still continue our Lenten sacrifices to bring about a victory for Life by helping others to realize the humanity of the pre-born child! Just as Christ suffered and died for our sake, we can **sacrifice** in many ways emulating Christ and asking God to change the hearts of so many in our world who do **not** see the child in the womb [that] is made in God's image, [who] has a divine purpose and a right to life!

The ultimate sacrifice was the giving of life while we were still sinners. We can give up something of our life to help others overcome their plague of indifference, immediate gratification, and ignorance that has led to the taking of human Life over the past 50 years! Maybe we can give up some well-liked food or not eat between meals. Or, we could give up a favorite TV program and instead do something more Christ-like like visiting a sick person or shut-in; or writing a letter to the editor testifying to the clear humanity and personhood of the Mother and the pre-born child! Both need to be recognized and supported through the entire pregnancy and beyond! Which should lead us to almsgiving to a worthwhile charity! Some organizations that support both mother and child in our area are MOM's House, The Gabriel Project, Birthright, and Precious-Life! Our organization focuses on educating the public on the dignity of the human person from conception through all stages until natural death., focusing on the injustices of abortion, infanticide, embryonic Stem cell research, and euthanasia! You can see and hear us speak and give out literature on these topics at the county fairs in Somerset & Cambria Counties. And [ you are also welcomed] at our Annual Prayer Breakfast at the Immaculate Conception Church Hall in New Germany, PA around late October.

We are grateful to you for your support! Please continue to work with us to overcome the greatest injustice of our time-legal abortion! It has taken the lives of over 65 million in our Country!

Thank you and may God continue to bless you and your loved ones Abundantly!

Ann E. Poole

#### CCHL Officers

**President - Ann Poole (814) 472-8584**  
**Vice President - John Poole (814) 472-8584**  
**Treasurer - Marge Gallardy (814) 472-5616**  
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**Newsletter Editor - Cristian Ridilla, (814) 615-8072**  
**CCHL Website: <http://www.prolifecambriasomerset.org>**

**Attention All Readers and Recipients of this newsletter,**

The Democratic members of the Pennsylvania legislature are attempting to advocate for a pro-abortion Constitutional Amendment. This Amendment is radical and enshrines into the Pennsylvania Constitution the complete funding of abortion by taxpayers and would remove all safety measures of the existing laws on the books which would include informed consent, parental consent, the late-term abortion ban, and the 24-hour waiting period for abortions.

We ask for all to contact their state legislator and urge him or her to stop the "Reproductive Rights Amendment" from being considered. We also ask for prayers to change the hearts of the Sponsors of this amendment.

If anyone has questions or wants more information, please visit [www.paprolife.org](http://www.paprolife.org) or call (717) 541-0034.

**Editor's Note:** This was an article obtained from Maria V. Gallagher of the PA Pro-Life Federation. We ask all our readers, recipients, and pro-life friends to write a letter to the editor of the major publication in their area and to reach out to their respective lawmakers in Harrisburg and in Washington, DC. It is so very important for every person reading this to be an informed constituent and to be attentive to the legislation being passed. [prolifecambriasomerset.org](http://prolifecambriasomerset.org) has a resources menu, highlight "vote pro-life" and click on the "Government Tab". This is an up-to-date resource on the PA and Washington DC branches of government.

Because CCHL is an organization that celebrates life and the beautiful gifts that God sends forth, we would like to acknowledge your precious gift in our newsletter. If you or someone you know has recently given birth, you would like to remember an anniversary or remember a loved one who has passed away and you would like us to share this information in our newsletter, please send us your information and it will be included in our next newsletter.

**I would like to make an acknowledgment in your newsletter.**

In Memory of \_\_\_\_\_  
In Honor of \_\_\_\_\_  
In Thanksgiving For \_\_\_\_\_  
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Enclosed is my gift of: \_\_\_\_\_  
Make your check out to CCHL, Cambria/Somerset  
Send your gift to Citizens Concerned for Human Life - Cambria/Somerset Chapter  
PO Box 1588  
Johnstown, PA 15907-1158

Thank you for your gift. Please clip this form and mail it along with your gift. God bless you.

Citizens Concerned for Human Life, Cambria-Somerset Chapter is a grassroots interdenominational group of volunteers dedicated to the sanctity of Human Life from the moment of conception to the moment of natural death. As a Chapter of the PA Pro-Life Federation, the CCHL opposes abortion, infanticide, fetal tissue research, and euthanasia; we believe all of these procedures kill innocent life. We also ask you to stay up to date by visiting our website and invite you to our meetings on the second Tuesday of all months except January at Saint Michael Catholic Church Hall at 7:00 PM. The address is 751 Locust St. Saint Michael, PA 15951

### **A Prolife Prayer**

Lord God, I thank you today for the gift of my life,  
And for the lives of all my brothers and sisters.  
I know there is nothing that destroys more life than abortion,  
Yet I rejoice that you have conquered death by the Resurrection of Your Son.  
I am ready to do my part in ending abortion.  
Today I commit myself  
Never to be silent,  
Never to be passive,  
Never to be forgetful of the unborn.  
I commit myself to be active in the pro-life movement,  
And never to stop defending life  
Until all my brothers and sisters are protected,  
And our nation once again becomes  
A nation with liberty and justice  
Not just for some, but for all,  
Through Christ our Lord. Amen!  
This prayer was written by Father Frank Pavone

#### **We would appreciate your email address**

In an effort to get our newsletter out to as many Pro-Lifers as possible, we are emailing it from our email [cambriasomerset4life@gmail.com](mailto:cambriasomerset4life@gmail.com) to all those we have a good email address. Gradually, we hope to decrease our costs by sending it by email instead of mail to as many people as possible. If you received this by mail and don't mind receiving our newsletter to a good email, please email us at [cambriasomerset4life@gmail.com](mailto:cambriasomerset4life@gmail.com); you will be added to an email blast system that updates you about regional events and Legislative Alerts from the PA Pro-Life Federation, our state affiliate.

**Stop The Presses:**

The Annual Prayer Breakfast at the Grove in New Germany will be happening on October 28, 2023. The details will be forthcoming in future editions

Also, the PA Pro-Life Celebrate Life Dinner will be happening on October 28, 2023, at the Hershey Lodge in Hershey. More details will also be forthcoming on this event too.

We invite everyone to attend the monthly meeting of the Cambria-Somerset chapter of Citizens Concerned for Human Life at the St. Michael Catholic Church Hall in St. Michael, PA. The meetings happen on the second Tuesday of every month, with the exception of January. The reason for this is because of the bus captain's meeting held before the March for Life in Washington, DC.

As part of the mission to preserve life, euthanasia is vigorously campaigned against; the CCHL believes that all life is sacred from birth to natural death.

Six Democratic PA Representatives have released a co-sponsored memorandum in regard to a bill about "Compassionate Aid in Dying". This proposed bill is modeled after Oregon's "Death with Dignity Act" and is inspired by the ten states and Washington, DC (all of whom have these laws on the books). We encourage each reader, recipient, and friend of the pro-life cause to reach out to their state representative to stop the creation of this bill.

Special thanks are given to Maria V. Gallagher of the PA Pro-Life Federation for highlighting this article.

Dear Chapter Leaders,

The Pennsylvania Pro-Life Federation, the official PA affiliate of the National Right to Life Committee, has recently become aware of a mailing from a group identifying itself and soliciting donations as "Right to Life Pennsylvania." The address on the mailing can be traced to a UPS store in Harrisburg. The letter was mailed from a zip code in Ohio. This group is affiliated with neither the Pennsylvania Pro-Life Federation nor the National Right to Life Committee. Please be aware that any communications from the Pennsylvania Pro-Life Federation and the National Right to Life Committee will be clearly marked as such. We hope this communication will clear up any confusion caused in the wake of the mailing, which was not authorized by the Pennsylvania Pro-Life Federation, the National Right to Life Committee, or any of their chapters or affiliates. For further information, contact the Pennsylvania Pro-Life Federation at 717-541-0034 or via email at [lifelines@paprolife.org](mailto:lifelines@paprolife.org). Thank you for your kind attention to this urgent matter.

Yours for LIFE,  
Maria Gallagher  
Legislative Director, Pennsylvania Pro-Life Federation

**IMPORTANT NOTE:**

All gifts to Citizens Concerned for Human Life- Cambria Somerset Chapter should be directed to the following address:

PO Box 1588

Johnstown, PA 15907-1588

There was a misprint of the ZIP Code in the previous newsletter. We are sorry for any inconvenience that may have caused.

Please call Ann at (814) 472-8584 with any questions.

## Why I Marched for Life in 2023

by Bill Frederick

On January 20, 2023, I joined thousands of other pro-life activists in Washington, D.C., for the 50th Annual March for Life. It was a historic event, as it was the first march in a post-Roe America. In June 2022, the Supreme Court overturned Roe v. Wade, the 1973 case that legalized abortion across the nation and returned the issue to the states.

I marched for life because I believe that every human being has inherent dignity and worth, from conception to natural death. I marched for life because I believe that every child deserves a chance to live, love, and be loved. I marched for life because I believe that abortion is the most significant human rights abuse of our time and that it harms women, men, families, and society.

I am not alone in my convictions. As in past marches, I saw people of all ages, races, religions, and backgrounds. I saw signs that said “Life is beautiful”, “Love them both”, “I am the pro-life generation”, “Abortion hurts women” and “Thank you, Mom, for choosing life”. I listened to speakers who shared their stories of regret, healing, hope, and courage. I heard chants of “Hey hey ho ho, abortion has got to go” and “We are the pro-life nation”. As well as groups of young and old people praying the Rosary and singing hymns.

I was inspired by the joy and enthusiasm of the marchers, who traveled hundreds of miles to stand up for what they believe in. I was also honored to listen to some of the amazing speakers at the rally. The keynote speakers were actor Jonathan Roumie, who plays Jesus in the “The Chosen” series, and former NFL coach Tony Dungy, who is a New York Times best-selling author. They both spoke about their faith and their commitment to defending life at all stages. Other speakers included Mississippi Attorney General Lynn Fitch, who won the Dobbs Supreme Court case that overturned Roe v. Wade; Franklin Graham, President of Samaritan’s Purse; Sister Mary Casey of the Sisters of Life; Dr. Christina Francis, CEO-Elect of the American Association of Pro-Life Obstetricians and Gynecologists; Gina Tomes, Program Director of the Bethlehem House maternity home; and Dr. Gianna Emanuela Molla, daughter of St. Gianna Beretta Molla. (Author’s note: When St. Gianna fell ill during her pregnancy with Gianna, she was advised to have an abortion, but she declined. She passed away a few days after delivering her child. Dr. Gianna Emanuela Molla continues to promote her mother’s values by advocating for the protection of life.)

I am aware of the challenges and opportunities ahead. Even though Roe v. Wade is no longer the law of the land, abortion is still legal in many states, and millions of lives are still at risk. We need to continue to educate, advocate and pray for an end to abortion and for a restoration of a culture of life. We need to support women facing unplanned pregnancies with compassion and concrete help. We need to help heal the wounds of those who have been hurt by abortion with mercy and forgiveness.

I marched for life in 2023 with fresh resolve and renewed hope. I marched for life because I know that life is a gift from God and that every life matters. I marched for life because I know that together, we can make a difference.

### **Attention:**

If any CCHL member has Pro-Life VHS Tapes in playable condition, please reach out to Bill Frederick (814) 329-0929. The CCHL is looking to convert these to DVDs and to inspire future generations with timeless advice and truths. If any member of the Pro-Life Community has VHS tapes that meet this requirement, please call and leave him a message. Thank you so much!

Citizens Concerned for Human Life – Cambria/Somerset  
Chapter  
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Johnstown, PA 15907-1588

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In Memory of Edward Myers, My Dad, Gift Presented by Brenda Kundrod

In Memory of Fred & Eileen Sharbaugh, In Thanksgiving For Their Faith  
Gift Presented by Daughter, Diana Sharbaugh

In Memory of James Z. Terebus, Gift Presented by Judy Bortel

In Memory of Jane Terebus, Gift Presented by Lucille Terebus

In Memory of Edna Kontoirchik, Gift Presented by Audrey & Jim Gresko

In Honor of Lucille Hoover's February 1 Birthday, Gift Presented by Audrey & Jim Gresko

In Thanksgiving for Birth of grandson, Luke Gresko, Gift Presented by Audrey & Jim Gresko

For the Health of Son, David and The Consolation of the Link and Frederick Families in the death  
of a grandson, Gift Presented by Audrey & Jim Gresko