

THE CAMBRIA-SOMERSET
PRO-LIFE
MESSENGER

Citizens Concerned for Human Life

APRIL 2026 Volume 1 Issue 1

He is risen



CCHL Outreach in Patton

By Catherine Duman

The air was bitterly cold and alive with conversation outside of the Queen of Peace Catholic Church in Patton, PA. The Christmas Cookie Sale, on Saturday December 20th, was the very first outreach that I had planned to undertake. Focusing on my efforts to promote the Pro-Life message in Cambria County. Originally, I thought that my focus would be on distributing pamphlets and speaking with customers inside the Church Hall. But, upon seeing the enormous line waiting for the doors to open at nine o'clock, I decided to begin with those waiting in line. I enlisted the help of my aunt and younger sister. I gathered them in a small circle, distributed pamphlets, and instructed my aunt to speak to those gathered near the doors. My sister would then take the middle group of people, and I would interact with those at the end of the line which was rapidly growing.

There were between fifty and sixty people awaiting the opening of the famous Cookie Sale, and there were quite a few people that we wanted to reach before everyone rushed into the Church Hall. We found most of the people were very receptive to the Pro-Life message. Many told my aunt and myself that they were glad to see us interacting within the community. I even met people who were already CCHL members!

Once everyone began cookie shopping it was more difficult to speak with them, it was wise speaking with them as they were waiting. Overall, it was an effective outreach as more people learned of the CCHL and it sparked further conversations about life and its value.

I would like to thank Fr. Ananias, pastor of the Queen of Peace Church, for granting us permission to deliver our message at the church. I've learned that outreach doesn't often require a grand setup. Sometimes, it just requires a few people willing to have conversations with the public and a passion for the cause of Pro-Life.

Respect Life Presentation Available

The Diocese of Altoona-Johnstown's Respect Life Committee has a mission to promote pregnancy support and provide education to the faithful. The Abortion Presentation covers five key components and lasts about 50 minutes. This includes a PowerPoint presentation with pictures and videos. This is ideal for Christian and Parochial High Schools, Campus Ministries, churches and service groups. The program is also adaptable to speak to Protestant Churches and service groups. And has already been presented to protestant denominations in the area. Whether Catholic or Protestant, we should all agree on the need to provide pregnancy support. Everyone should consider supporting a pregnancy center that provides alternatives to abortion. *Please contact us at (814) 207-9110 if you would like to schedule a pro-life presentation at your school, church, organization or religious education program.* <https://www.facebook.com/ajrespectlife/>



2026 Annual Membership Appreciation Luncheon

Our Annual Luncheon has “*Sprung into Spring!*” Put the winter weather behind and join us on Saturday, April 18, 2026. The Luncheon will be held at the Saint Michael Church Hall, 751 Locust Street, St. Michael PA 15951.

We will be having a guest speaker from the Altoona-Johnstown Respect Life Committee. The Presentation has five components. The Church’s teaching on abortion, fetal development, abortion methods including chemical abortion, loving alternatives, post abortion healing and common myths.

DOORS OPEN at 11:00 AM. Donation Requested: \$10.00 per Person.

LUNCH begins at 12 Noon, and the Presentation will begin at 1PM.

For Reservations contact: Dennis or Kathy Ryniak at (814) 703-6906 (landline phone)

Please respond no later than Friday, April 10th, 2026. **Seating is limited to 50 attendees.**

If there is no answer, please leave your name and number. **ALL** calls will be returned.

Monthly Meetings

The Cambria-Somerset Chapter holds a monthly meeting on the second Tuesday of each month. The meetings are held at the St. Michael Church Hall, 751 Locust St., St. Michael, PA 15951. The meeting begins at 7:00 pm. All are welcome to attend.

PLEASE NOTE: The Luncheon in April will replace the April Meeting.

Please Support the Cambria-Somerset Chapter of the Citizens Concerned for Human Life

Please consider making an Annual Membership Contribution of \$10.00 per person.

You can also make a donation in Memory of a deceased loved one, or in Honor of a loved one living or deceased. You can also make monthly recurring donations if you choose.

Simply use the form on the last page of this newsletter. You also have the option to go directly to the Cambria-Somerset Website. <https://prolifecambriasomerset.org/> You can now make donations on our website by clicking on the “DONATE” button in the top right corner of the Home Page.

Throughout the year we have various projects that we pursue in our fight for life. We are always very thankful to all our supporters who make donations to further the cause of Pro-Life. Without your generous and continuous support, we would not be able to move forward in our fight for life!

The fight will never be over until Abortion is Abolished! Thank you for your support!

**Our website: prolifecambriasomerset.org
Follow us on facebook @
Citizens Concerned for Human Life, Cambria-Somerset**

Let's Have "Breakfast!"

Dennis Ryniak

Mark your calendar for Saturday, October 24th, 2026.

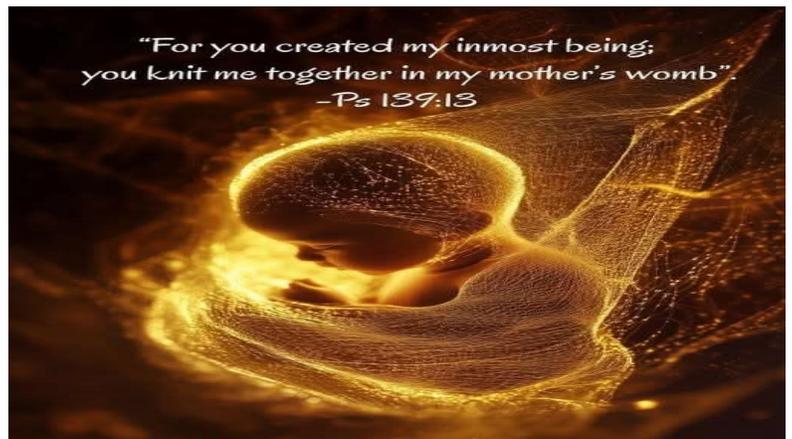
Please join us for our 2026 Annual Prayer Breakfast as we prepare to welcome our next Keynote Speaker, Ryan Bomberger. Ryan has a rather unique perspective of the innate nature of Purpose. His biological mother was raped yet courageously rejected the violence of abortion. Ryan was adopted and loved by a diverse family of fifteen.

Today, he is an Emmy® Award-winning Creative Professional who founded The Radiance Foundation. A faith-based, life-affirming, educational nonprofit, along with his amazing wife Bethany. He is a factivist, international public speaker, columnist, educator, and author of two books. He and his wife Bethany also co-authored three ground-breaking children's books.



The nation's oldest civil rights organization sued Ryan and The Radiance Foundation for exercising their First Amendment rights to parody the organization's name. In a national Op-Ed, Ryan called out the NAACP branding it the "National Association for the Abortion of Colored People." With the incredible help of Alliance Defending Freedom, Radiance was victorious after two years in federal court.

As Chief Creative Officer of the Radiance Foundation, Ryan hopes to continue to impact millions to embrace their inherent and equal value and the incredible possibility with which we are all created. Learn more at www.radiance.life





In Memorial Remembrance

Reuben and Viola Lieb

given by Theresa Lieb



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Mailing Address Information: To update your address information; change your address; remove your address; request someone to be added to the address list; report a deceased member, request only to receive the Newsletter via email: contact Dennis Ryniak at (814) 703-6906 {landline} please leave your name and number, ALL calls will be returned. Or send your information via email to: bluen_grae026@hotmail.com Thank You!

It may be possible to reverse the abortion pill if you act quickly to make the hotline call now!
You can change your mind. There is help available even after you've taken the first abortion pill.
Make the call now! YOU WON'T REGRET IT. CALL THE ABORTION PILL NETWORK, your call will be answered by a live person 24/7! **1-877-558-0333. www.AbortionPillReversal.com**

MESSAGE FROM THE PRESIDENT'S DESK

Welcome to all who receive and read this newsletter! It is good to get through this recent record cold winter. We can now enjoy the warmth and beauty of spring. The promise of new growth and glorious colorful flowers with blossoms that energize us and give us hope. We should be looking forward to planting our gardens and caring for them so that they grow and flourish. How good it is to be in tune with the beauty and wonder of God's creation.

And so, it is with life in the womb! The human person is the pinnacle of all creation. As it was said in the Bible; God created the earth and said it was "good." And the plants and trees and said it was "good." And animals of every kind and said it was "good." Then God created man and said it was "very good!"

Why "very good!"? Because man was made in the image of God. He was given an intellect and an immortal soul. And the ability to love, reason, and know right from wrong. Also, he was given the "free will" to choose to do good or do evil. Therefore, mankind is the "jeweled crown of God's creation."

God loves us so much that he gave us his commandments as a guide to follow. To protect us from disaster. If we choose not to follow his commands, we fall into sin and hurt ourselves and our relationship with God! Among these commands, God asks us to love him and his name. And tells us not to harm or kill one another.

Therefore, abortion is the willful taking of life in the womb! This is in direct opposition to God's law, and it can never be justified! Each person is created and loved by God, who gives each of us an individual name and purpose. We are incredibly and wonderfully designed by God himself. With all the glorious beauty of our world. Mankind is made in the image of God. His ultimate creation!

In gratitude to him for his favor to us, let us stand firm for God and his law and love he has for us. Let us always stand firm as a witness to the truth. And always remain standing firm against abortion! May God bless you and your loved ones abundantly!

Ann E Poole, Chapter President

Reflections: "Doctors of Death"

By Robert Dow

On a gentle May morning, a capable, confident and elegantly dressed military doctor arrived at his newest assignment. He walked toward HQ hoping to make a positive first impression and to begin his new duties. The quality of his work was quickly recognized. And his abilities were very much appreciated by his superior officers. Soon he will be appointed as the Chief Medical Officer of Auschwitz-Birkenau.

As Chief Medical Officer, Nazi Doctor Josef Mengele now had the right to "play God." The right to decide who lives and who dies; a right which he very much enjoyed. Mengele made decisions sealing the fate of hundreds of thousands of men, women and children of various nationalities. "Auschwitz is not a sanatorium!", he would bark. "The prisoners are here to work or to die."

A Hospital? That was simply the place where work potential could be recuperated, but that potential had to be recovered fast and without aid. {continued on the next page}

If treatment were to be long or complicated, there was no point in going on. The Reich had other things to worry about rather than looking after Jews and enemies of the State. The only reason for keeping prisoners alive was productivity. At this stage of the war, it was important that there should be no waste of medicine already in short supply for German soldiers.

The above was taken from **“Doctors of Death”**, volume 2, page 82. By Frenchman, Philippe Aziz. Nazi medical extermination was at its height in 1943. But it began slowly and quietly some ten years earlier. Soon after Adolf Hitler seized power.

If any of this seems familiar, it might be because it is. Although German Admiral Karl Donitz agreed to “unconditional surrender” in 1945, and although Germany did in fact surrender, the Nazi Party never did. The United States remains at war with the Nazi Party! Even if the Nazi Party were to surrender completely, the Nazi anti-life mentality would not. It continues to infect the anti-life thinking of “BIG MED” even to this very day.

REVIEW: This anti-life movement is still ongoing even today. Call or write to your State Representative to oppose HB 1109 for the sake of Pennsylvanians. We do not need a law encouraging assisted suicide, we need more affordable health care. House Bill 1109 would end Pennsylvania’s long-standing protections against assisted suicide. You can send a message to your State Rep. electronically at: <https://paprolife.org/legislation/> Open the PA Legislative Alerts tab and **click** the Oppose Assisted Suicide in PA button. D ■

Please support the Cambria-Somerset Chapter of the
Citizens Concerned for Human Life

We believe that human life has value in all stages of development. From conception until natural death. We are committed to speak on behalf of those who cannot speak for themselves: the unborn; the incapacitated and the aged. Please help in our struggle to preserve and respect human life!

ANNUAL Membership \$10.00

In Memorial Remembrance of: _____

In Honor of: _____ Living Deceased +

Name: _____ Phone: _____

Address: _____ City: _____ State: _____

Please complete this form and return with your donation to: ZIP+4: _____

Citizens Concerned for Human Life, Cambria-Somerset Chapter,

P. O. Box 1588, Johnstown, PA 15907-1588

Make checks payable to: CCHL Cambria-Somerset / The CCHL is a Non-Profit 501(c) (3) Organization

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